

First Half Autumn Term 2020 – Virtual Programme

Monday	Tuesday	Wednesday	Thursday
7th September	8th September	9th September	10th September
10am – 121 appointment 11:30am – 121 appointment	10am – 12noon Group Session Parent / Carer Support Group With Lorraine Jones	1pm – 3pm Alison Bradford – Art Therapist: An Introduction to Art Therapy	10am – 121 appointment 11:30am – 121 appointment
14th September	15th September	16th September	17th September
10am – 121 appointment 11:30am – 121 appointment	10am – 12noon Becky Wilburn – NESSie: Emotional Wellbeing for our children	10am – 121 appointment 11:30am – 121 Appointment 1pm – 3pm Group Session Parent / Carer Support Group With Lorraine Jones	7pm-9pm Evening Parent/Carer Support Group
21st September	22nd September	23rd September	24th September
10am – 121 appointment 11:30am – 121 appointment	10am – 12noon Group Session Parent / Carer Support Group With Lorraine Jones	1pm – 3pm Sharon Coulbray & Laura Wilson – Specialist Advice and Support Service: Q & A on Children going back to school	10am – 121 appointment 11:30am – 121 appointment
28th September	29th September	30th September	1st October
	10am – 12noon Workshop with Lorraine Jones: Emotional Literacy for Siblings	1pm – 3pm Group Session Parent / Carer Support Group With Lorraine Jones	10am – 121 appointment 11:30am – 121 appointment
5th October	6th October	7th October	8th October
10am – 121 appointment 11:30am – 121 appointment	10am – 12noon Group Session Parent / Carer Support Group With Lorraine Jones	1pm – 3pm Workshop – What makes a good EHCP	10am – 121 appointment 11:30am – 121 appointment
12th October	13th October	14th October	15th October
10am – 121 appointment 11:30am – 121 appointment	10am – 12noon Workshop – Helping to reduce Sibling conflict	1pm – 3pm Group Session Parent / Carer Support Group With Lorraine Jones	10am – 121 appointment 11:30am – 121 appointment 7pm-9pm Evening Parent/Carer Support Group
19th October	20th October	21st October	22nd October
10am – 121 appointment 11:30am – 121 appointment	10am – 12noon Group Session Parent / Carer Support Group With Lorraine Jones	1pm – 3pm Workshop - PDA	10am – 121 appointment 11:30am – 121 appointment

All of our Group sessions will be run using Zoom. We are emailing the meeting ID and password for each session at the beginning of the week and publishing the details on Mondays on Angels on Facebook.

To book a 121 slot please contact Kirsten either on 07979 345858 or email kirsten@angelssupportgroup.org.uk They will be via Zoom or WhatsApp, whichever is easier for you. There is some flexibility if you are not able to make the published times so please contact Kirsten to discuss your needs.

Second Half Autumn Term 2020 – Virtual Programme

Monday	Tuesday	Wednesday	Thursday
2nd November	3rd November	4th November	5th November
10am – 121 appointment 11:30am – 121 appointment	10am – 12noon Yvonne Deal – Money Advice Unit: Benefit Advice	1pm – 3pm Group Session Parent / Carer Support Group With Lorraine Jones	10am – 121 appointment 11:30am – 121 appointment
9th November	10th November	11th November	12th November
10am – 121 appointment 11:30am – 121 appointment	10am – 12noon Group Session Parent / Carer Support Group With Lorraine Jones	1pm – 3pm Q & A – Education Issues	10am – 121 appointment 11:30am – 121 appointment 7pm-9pm Evening Parent/Carer Support Group
16th November	17th November	18th November	19th November
10am – 121 appointment 11:30am – 121 appointment	10am – 12noon Michelle Atherton – ADHD Nurse: ADHD & Medication	1pm – 3pm Group Session Parent / Carer Support Group With Lorraine Jones	10am – 121 appointment 11:30am – 121 appointment
23rd November	24th November	25th November	26th November
	10am – 12noon Group Session Parent / Carer Support Group With Lorraine Jones	1pm – 3pm Sharon Coulbray & Laura Wilson – Specialist Advice and Support Service: Service Restructure	10am – 121 appointment 11:30am – 121 appointment
30th November	1st December	2nd December	3rd December
10am – 121 appointment 11:30am – 121 appointment	10am – 12noon Workshop: Helping to explain your child's needs	1pm – 3pm Group Session Parent / Carer Support Group With Lorraine Jones	10am – 121 appointment 11:30am – 121 appointment
7th December	8th December	9th December	10th December
10am – 121 appointment 11:30am – 121 appointment	10am – 12noon Group Session Parent / Carer Support Group With Lorraine Jones	1pm – 3pm Workshop: Girls & Women on the Spectrum and ADHD	10am – 121 appointment 11:30am – 121 appointment 7pm-9pm Evening Parent/Carer Support Group
14th December	15th December	16th December	17th December
10am – 121 appointment 11:30am – 121 appointment	10am – 12noon Workshop: Sensory Processing Difficulties	1pm – 3pm Group Session Parent / Carer Support Group With Lorraine Jones	10am – 121 appointment 11:30am – 121 appointment

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