

Weekly online Workshop and Support: Every Tuesday 10am-12pm during term time.



Each week there will be an hour long workshop on a specific topic that you can listen to and ask questions. Following this there will be an hour where we open to discussions/chats about **any topic or concern** and can offer help support and guidance.

Weekly topics are detailed on our programme.

Monthly in person support Letchworth and Stevenage: Will be running on a Wednesday see programme for dates



Our podcasts series “Neurodiversity Chats” cover a wide range of topics, search “Neurodiversity Chats” on Spotify or Apple Podcasts or listen on our website:

<https://angelssupportgroup.org.uk/podcasts/>

Follow us on social media for updates:



www.angelssupportgroup.org.uk

**Zoom every
Tuesday
10am-12noon**

**Letchworth
Wednesday
10am-12noon**

**Stevenage
Wednesday
10am-12noon**

**Zoom
Thursday eve
7.30pm- 8.30pm**

21 April

What makes a good
EHCP & Annual Review

22 April

Meet Up and Chat

28 April

Speaker: Charley Crowe
SASS: Transitions –
Between school years
and phase transfers

30 April

Evening Parent/Carer
Support Group

5 May

Speakers: HPCI - Kate
Hudson & Lynn Turnbull
White Paper
Consultation

6 May

Meet Up and Chat

12 May

EBSA - Emotionally
Based School Absence

13 May

Meet Up and Chat

19 May

Executive Function
Dysfunction

21 May

Evening Parent/Carer
Support Group

MAY HALF TERM - 25th - 29th May

For support during this period please contact the Neurodiversity support hub



Neurodiversity Support Hub

For Parents, Carers and Professionals in Hertfordshire

Tel: 01727 833963 - lines are open from 9am-1pm weekdays

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2 June

Understanding Demand
Avoidance and PDA

3 June

Meet Up and Chat

9 June

Speaker: Kay Reeve -
Emotional Awareness Expert

10 June

Meet Up and Chat

16 June

Speaker: CYPMHS, PALMS
and Early Help

18 June

Evening
Parent/Carer
Support Group

23 June

Helping to reduce
meltdowns

30 June

Making the most of meetings
with professionals

1 July

Meet Up and Chat

7 July

Supporting Sensory Needs

8 July

Meet Up and Chat

14 July

Autism and Anxiety

16 July

Evening
Parent/Carer
Support Group

21 July

Surviving the Summer Holidays

Summer Holidays - For support during this period please contact the Neurodiversity support hub