



AUTISM & ADHD SUPPORT

**for parents/carers of children with
ADHD and/or on the Autistic Spectrum**

**Got an issue you want to talk about one to one?
Need some advice or information on any issue, big or small?
Want some help navigating the system?**

Angels 121

Are here to help

You can access our service in several ways;

on the phone, via email, What's App or Facebook Messenger, or book an appointment with us either virtually or in person.

We offer individualised family support and information covering behaviour, education, communication, developing life skills and accessing services, or any other difficulties associated with ASCs and ADHD. Our support comes from trained and qualified specialist parents with lived experience.

Support with meetings with Education, Health and Social Care, including SEN Support/EHCPs, TAFs/Families First. We can attend meetings with you virtually and in some cases in person.

Support with forms, applications and reports (EHCPs, benefits and appeals etc.)

To find out more or discuss your needs and book a 121 appointment please contact **Kirsten** either on **01462 685150** or email kirsten@angelssupportgroup.org.uk.

At this current time, during the Coronavirus pandemic, we are offering regular appointments for One-to-Ones using Zoom or WhatsApp, or in certain circumstances Face-to-Face in our office.

