



LOTTERY FUNDED

Registered Charity: 1117059

Angels

AUTISM & ADHD SUPPORT

for parents / carers of children with ADHD and/or on the Autistic Spectrum

Angels provides individualised, professional expertise and advice for the families of children with Attention Deficit Hyperactivity Disorder (ADHD) and/or Autistic Spectrum Condition (ASC). We work alongside parents to build understanding and to empower them to hear their child's voice. Our key aim is to maximise the individual potential of each child and young person. We were formed by, and are led by, parents whose children face similar challenges.

We provide:

- Parent support group meetings in Hitchin and Stevenage. Four evening meetings a term.
- Information, Advice and Strategies on ASC and ADHD
- Speakers and Workshops relating to ASC and ADHD.
- Support group sessions led by a facilitator – chat with other parents and share ideas and experiences.
- Angels 121 – individual support with qualified parents to help with particular issues at home and school.
- Website and moderated Facebook group.
- Holiday Activities for Angels Children and their siblings.

For full details of our services please visit our website at:

www.angelssupportgroup.org.uk

Do you feel that you would benefit from meeting with other parents/carers of children with Autistic Spectrum Condition (ASC) or ADHD?

If so, why not come along to Angels.

Who is it for?

Parents and carers of children with a diagnosis of ASC or ADHD, or who are being assessed for the above conditions.

How much will it cost?

Membership of Angels is free, but we do ask for members to make a £1 donation at each support group session, if they are able to.

Can I bring my pre-school child/children?

Yes, we have free crèches available at some of our daytime meetings, please visit our website for more details.

How do I join?

Complete the membership form (available from our website or by emailing or calling below). We will then send you a welcome letter and our latest programme confirming you are a member.

When can I attend?

Once you are a member you can come along to any of our events or meetings.

For further details please contact:

Kirsten Bennet – Meetings Supervisor

kabennet@hotmail.co.uk

07979 345858

Note for Professionals:

If you are a professional working with families with members who have ASC and/or ADHD and would like to learn more about Angels, then please contact Kirsten to arrange to visit the group.