



Angels Support Group Hitchin

Charity No: 1117059

Trustees' Annual Report & Statement of Financial Activity for the period 1 September 2021 to 31 August 2022

Trustees

Clare Slater
Oluwakemi Adejare
Hilary Forrester
Justin Richards
Rowena Crabtree
John Skeeles
Nicola Ager
Amit Durgaprasad

April 2023

Trustees' Annual Report & Statement of Financial Activity for the period 1 September 2021 to 31 August 2022

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Trustees Annual Report & Statement of Financial Activity for the period 1 September 2021 to 31 August 2022

1. Introduction

1.1 Charitable Objects

- Provide support and guidance to parents/carers/siblings of children who are diagnosed with (or are being assessed for) Attention Deficit Hyperactivity Disorder (ADHD) and/or Autism and their associated conditions.
- Provide relief for the above children and their parents/carers by providing facilities in the interest of social welfare and for recreation and other leisure time occupation.
- Advance the education of the public and statutory bodies in matters related to ADHD and Autism.
- Promote other such charitable purpose.

1.2 Overview (Executive Summary)

During the year from 1st September 2021 to 31st August 2022 the membership of the charity has increased by 458 families so on 31st Aug 2022 we had 2245 families in our membership with at least 4680 children including siblings. 2438 of the children have a diagnosis of (or are being assessed for) ADHD and/or Autism (1289 have a diagnosis of ADHD and 1923 of Autism).

Throughout the year 212 parents/carers attended one or more of the support groups (a mixture of virtual and in person meetings). Some members attended very regularly (over 30 times during the year) and some for just one or two meetings. On average they attended 3 meetings each this year with 78% of attendances at virtual meetings and 22% at in person meetings)

In addition to our regular support groups, we have also run several workshops on the topic of EHCP application forms. These courses provide more in-depth information in smaller groups. 40 families have accessed support through these smaller groups.

326 families used the one-to-one service during the year. They accessed support in a variety of ways with the service providing: 236 hours of face to face (or video call) meetings, 229 hours of support at meetings with other professionals (school, Health Visitor, multi-agency meetings etc.), 194 hours of support via phone/email and 45 hours of support through text/Facebook Messenger.

We also jointly delivered (with Nessie in Ed CIC) 21 workshops to parents with children that were newly diagnosed with Autism (or awaiting assessment) which enabled parent/carers outside our membership to also access support from us.

2. Activities & Achievements

2.1 Outputs & Outcomes

More detail about our main outputs

Access to our services

All our services (other than the HCC/Nessie workshops) are available to anyone who is a member of the charity. Membership is subject to only one criterion and that is that the member must be a parent/carer of a child who has been diagnosed with (or is being assessed for) Autism/ADHD.

There is no membership fee and no charge for attending any of our services. We give attendees the opportunity to make a small voluntary donation if they would like to but there is no pressure to do so. This ensures that all members can benefit regardless of income levels.

There is no geographical restriction imposed by the charity (The HCC/Nessie workshops have a Hertfordshire restriction required by the funder). The virtual meetings via zoom have made it easier for members to attend regardless of their location. During the pandemic we saw an increase in the number of new members who are from a wider geographic area than the North Herts and Stevenage community, as our services became more accessible online, and this has continued with our hybrid way of delivering services. We now have members throughout Hertfordshire and also in Cambridgeshire, Bedfordshire and Greater London.

Most of the meetings are during the day as this enables parents/carers to attend while their children are at school. We have continued to offer some virtual meetings as these are accessible for those parents who have young children at home or older children that are currently out of school. Evening meetings (all virtual) are held every half term to enable those who work during the day to attend.

Regular support group meetings

We held two daytime meetings for parents/carers each week during term time and two evening drop-in sessions every half term. Some of the meetings provided advice from external professionals or Angels staff on a range of topics related to Autism and ADHD. The other sessions were self-help groups with a qualified facilitator present. We have restarted one face to face meeting each week (Autumn 2021 term in Hitchin and from January 2022 onwards in Stevenage) but have retained one virtual meeting each week and the evening meetings have also remained virtual to enable a greater range of parents to access our support.

These meetings benefit the members of the charity in several ways.

- They provide the opportunity to find out about new strategies and ideas which they can use to support their children. This can help parents/carers to adapt their parenting skills to ease the stress and anxiety of children with Autism/ADHD
- Having the opportunity to discuss issues in self-help groups with people with similar concerns helps to relieve parents/carers from some of the stresses and feelings of isolation that can result.
- They help parents/carers to feel confident in supporting their child in the education system which in turn helps the child to reach their potential.
- They help parents/carers and their children to have a more positive self-image following diagnosis.

Angels/Nessie parent workshops

During the year we ran a series of workshops for parents of children who were either newly diagnosed with Autism or had been referred for an assessment. These sessions were jointly presented by Angels staff and staff from Nessie in Ed CIC (a local organisation that specialises in supporting the mental health of students within education settings). The sessions covered a range of topics: Bereavement and Loss; Siblings of children with additional needs; Girls and Women; Puberty, Relationships and Staying Safe; Autism, Sexuality and Gender Diversity; Emotionally Based School Avoidance and Supporting a Child who self-harms positively. The workshops were all run virtually through zoom.

The workshops provide the same benefits as the support group meetings.

These workshops are available to a wider group of parents – not just members of Angels but any parent/carer with a child diagnosed (or in the process of being assessed) with Autism which is still in line with our main aims. Some of the attendees of the workshops do go on to join Angels as a member but there is no requirement to do so.

The only geographical restriction is that the attendees must live in Hertfordshire, as the workshops were funded by Herts County Council.

One-to-One Clinic meetings

Angels provided several clinic appointments each week during the school terms. These offered members the opportunity to access more targeted, specific support where needed. The appointments allowed members the time to discuss particular issues related to their child on a one-to-one basis with a trained Specialist Support Practitioner (SSP). They also provided the facility for a SSP to attend a school meeting or other appointment to provide support for the parent/carer. This year we have continued to offer mainly remote appointments using a variety of applications e.g. zoom, Facebook Messenger, WhatsApp with only occasional in person meetings if it was essential due to the specific needs of the parent. In May 22 we also introduced a new type of one-to-one appointment via a 15-minute phone consultation to help meet the increased demand for the service.

The clinic appointments provide the same benefits to the members as the support group meetings but are just more flexible. They allow members, who do not feel comfortable discussing issues in a group setting, access to support and also provide a more suitable time for issues which are too complex and would take up too much time in a group meeting.

The service has been popular, and the number of appointments limited because of funding restrictions so there has often been a waiting list in place.

Parent Support via phone, email and Facebook

In addition to the one-to-one clinic appointments members have also accessed advice and support from the SSP's remotely via phone, email or Facebook Messenger. This support was available during term time and a limited service was also available over the school holidays. There was also a "secret" Facebook group which was available only to members and allowed them to discuss issues and get advice from other parents as well as the SSPs. This online group was fully moderated by the SSPs so it enabled parents to access support at a time that suits them.

This support provides the same benefits to the members as the support group meetings but just in a more flexible, virtual way. It allows members, who do not feel comfortable discussing issues in a group setting or

face to face, access to support and also provides support to parents who can not attend the support groups due to their location or timing.

Letchworth small group courses

We have been working in partnership with Letchworth Family Support Team to deliver small group courses for parents from Letchworth who are at the start of the process of having their child assessed for Autism or ADHD or whose children have had a recent diagnosis. The project takes the form of a set of five workshop sessions for small groups of parents (maximum 5-6) who have previously found it very hard to attend larger groups. The workshops cover basic understanding of the conditions and how they impact the child, understanding of the child's rights and how to work positively with professionals to secure access to services for the children, including education and health. Due to the small groups the content can be tailored to meet the needs of the parents present, including adjusting for their own learning needs. The idea is to give families a good understanding of how to support their children at the beginning of their journey, and so far feedback has been very positive. We ran two sets of the workshops in Summer Term 2022, with a further four planned for the following year. The project has been funded by Letchworth Garden City Heritage Foundation.

Networking with various organisations

The Parent Support Manager and other team members regularly meet with local statutory agencies such as health professionals (Health Visitors, Speech and Language Therapists, CAMHS workers and Community Paediatricians and their teams) working with ADHD and Autism, the Herts County Council Communication and Autism Specialist Advisory service, Herts Children Services social workers, Family Centre Managers, local school SENCO's and Outreach workers, the Herts Parent Carer Forum and other agencies supporting parents and representatives from other similar support groups supporting parents/carers of children with ADHD and/or Autism from across Hertfordshire, as a way of pooling resources and avoiding duplication of effort. The Parent Support Manager has also been involved in work to develop the Autism and ADHD diagnostic pathway in Hertfordshire, in partnership with NHS and County Council colleagues, and also to develop a county-wide support offer for all families and young people diagnosed with the conditions.

The benefits of this are as follows;

- It enables the Parent Support Manager and other team members to keep up to date with the available support for children/families and ways of accessing it. They can then pass this information on to members as required.
- It ensures that local statutory services are kept aware of the needs of children with Autism/ADHD and their families.
- It ensures that health professionals in the area are aware of the charity and the support provided and so will pass on the details of the charity to families with a newly diagnosed child.
- It enables them to talk directly to teaching professionals which helps improve understanding of the conditions within local schools.

The beneficiaries include our member families as they can access the information through support group meetings. The benefit of this activity also extends beyond our membership as consultation with local teaching professionals/ statutory services can help to improve services for all children with Autism/ADHD in the local area not just those who are members of the charity.

Outcomes

In order to be able to measure the benefits to our members, of accessing Angels services, we have implemented a ladder scale for 4 outcomes that we have identified as important to our members. The four outcomes are:

- Parents will have a greater understanding of their child's conditions and how they impact on their child's learning and behaviour.
- Parents will have improved confidence in their parenting skills having gained a wider range of strategies to support their child.
- Parents feel less isolated, with a network of local parents to talk to who understand the issues they are facing.
- Parents are working more effectively with their child's school, services and community resulting in a positive experience for their child.

Since October 2016, on joining Angels, we have asked members to complete an initial questionnaire to find out how they rated themselves on the scales for each of the four outcomes. 6 months later we asked them to redo the questionnaire and have captured the improvements they have made.

In recent years, for members joining after October 2019, we have gathered initial and follow up questionnaires for 329 members. Parents join us for a wide range of differing reasons and have differing needs, therefore some of the outcomes we measure may not be relevant to all, but when looking at the outcome data overall; 83% of members made progress against at least one target outcome. Improvements for individual outcomes have been as follows:

- 55% have improved their understanding of their child's conditions
- 53 % have improved confidence in their parenting skills
- 46% have reported feeling less isolated
- 44% have reported that they are working more effectively with their child's school and other services.

2.2 The Roles & Contributions of Volunteers

Although the charity employs several staff it is still very dependent on the contribution made by volunteers. There is a loyal team of volunteer members working hard in all the following areas;

Completing various administrative tasks.

Fundraising and Funding Applications

Promoting our services within the local community

Planning and overseeing services through being involved in our Board of Trustees.

The trustees would like to thank all our volunteers for their hard work without which we would not be able to provide the same level of service.

2.3 Looking Ahead

It has been great to be able to return to offering some face to face support this year but we are still finding that the regular zoom meetings prove popular for some parents, enabling those parents who can't travel to our groups to still access a support group, so we will continue with the hybrid offer for the next year.

Our one-to-one service will still be mainly via zoom or phone as it enables us to meet the increased demand for this service, caused partly by the pandemic and partly by the growth in membership. We trialled a 15-minute bookable phone consultation this year which has worked well and helped more families access one-to-one support so we will continue offering this next year alongside our normal one-hour support. We have

also continued to see an increase in demand for one-to-one support this year so, subject to funding, we hope to recruit an additional Specialist Support Practitioner to extend the days/times we can offer support to families.

As our project with the Letchworth Family Support Team continues, we are looking at starting a face-to-face peer support group in Letchworth, and other opportunities to develop our services for families.

3. Financial Review

3.1 Financial Position

The charity is in a good financial position at the end of August 2022 with actual reserves of £68,745 which is above our planned reserve level of £47,762. We have funding in place for most of our budgeted expenses for the next financial year and the remainder can be met from our planned community and corporate fundraising.

The legacy gift in 2021 enabled us to keep all our services going through the pandemic, despite the drop in unrestricted income, and has also enabled the Trustees to set aside the budget to cover the payroll costs for a Fundraising and Marketing Assistant for a year— starting in September 2022. This will give her time to settle into the role before the role becomes self-funding in future years.

Looking beyond the next financial year our main funding from The National Lottery will continue to taper down but having the new Fundraising role will enable us to replace the National Lottery funding by widening our applications to other funding streams and growing our unrestricted income with a wider range of community and corporate income. This will be a key area for us to focus on for next year.

We are incredibly grateful to all the funders, community organisations, companies and individuals including our members, their families and friends who have supported us during the year and allowed us to adapt and continue the services we provide to our members.

3.2 Details of Any Funds Materially in Deficit

The Charity has no funds which are materially in deficit.

3.3 Policy on Reserves

The Trustees have decided that the charity needs to hold reserves to cover the possibility of a grant being cut short or not renewed. Holding reserves will allow the Trustees time to find alternative sources of funding without having to make immediate redundancies. We have a 12-month contract for our office rent so it was agreed that a level of 6 months of payroll and 12 months of rent costs would allow enough time for alternative funding to be found or cutbacks in expenditure to be planned.

This gives a planned reserve of £47,762 based on 6 months of budgeted salary and 12 months of budgeted rent costs (Dec 22 figures used).

The actual reserves held at the end of this financial year were £68,745. This is higher than the planned reserve due to the large legacy gift of £36,000 which was received in July 21. The pandemic resulted in a significant drop in community fundraising which we would normally rely on to cover part of our core costs, so The Trustees have been holding additional reserves to meet any shortfalls in community fundraising while we re-establish this income stream. We also recruited a fundraiser in September 22 to enable the charity to work on diversifying income streams in the long term to improve sustainability so £11,658 of the excess will be used to fund this role for the next financial year until the fundraiser becomes self-financing.

3.3 Principal Sources of Funding

Grants

The main grant funding we received this year was £67,753 from The National Lottery Community Fund, the 3rd year of the five-year continuation funding which started in November 2019. This covered the main staff costs related to our support groups, some of our one-to-one staff time and most of our overheads.

The remaining one-to-one service costs were covered by £4,150 funding from Herts County Councillors from their Locality Budgets: David Barnard, Terry Hone, Fiona Hill, Phil Bibby, Marios Artemi, Steve Jarvis and from the late Judi Billing and Paul Clark, along with £1,651 of funding received from St James's Place Foundation in the previous year. Towards the end of the financial year, we received £5,000 funding from Hertfordshire Community Foundation (HCF) and an additional £5,000 from HCF (Building Life Chances – to provide additional support for neurodivergent parents) which will help to fund our one-to-one support in the following year.

We also received grants totalling £3,105 from Hertfordshire County Council which funded the 21 parent workshops that we delivered in partnership with Nessie in Ed CIC to parents of children that were either newly diagnosed with Autism or had been referred for assessment.

In addition, we received £3,325 funding from Awards for All to develop and deliver two new workshops, working with Techsafe, a local non-profit CIC who develop and deliver training for children and young people around internet usage and the online world. The workshops were– “Finding Your Tribe online” and “Frequently Asked Questions for parents of neuro diverse children”, both of which were designed to help parents support their neurodiverse children to build friendships and social connections safely and successfully in the online world.

We also received funding of £6,008 from the Letchworth Garden City Heritage Foundation for a joint project with the Letchworth Family Support Team to develop and deliver a programme of workshops for families in Letchworth who have not yet been able to access our services, to build up their confidence and knowledge, so they can support their children and feel able to access our services going forward.

A £500 grant from Stevenage Borough Council also allowed us to support members in Stevenage who were struggling with food poverty.

Donations and Support

In October 21 one of our members, Chris Rolt, ran the London Marathon raising a fantastic £1016 in donations and gift aid for Angels.

In November 21 we received a £250 donation from Hitchin Priory Rotary Club.

In December 21 we held a Christmas raffle with prizes generously donated by local businesses, our members and Trustees. This year we raised £1132 in ticket sales.

Also, in December The Old George Pub in Ickleford held a quiz raising funds for Angels. They repeated this in July 22 raising a grand total of £213 in donations for us.

In January 22 we received a donation of £150 from the Rotary Club of Hitchin Tilehouse.

In February 22 we received the final settlement of £2,594 from the estate of Ralph Herman Blow which was in addition to the £36,000 legacy gift we received in the last financial year. We never knew Ralph but one of his cousins let us know that she thought he would have benefited from the services of Angels if we had

existed when he was a child. We are honoured to have been left this gift and will make sure that we use it to support many more families in the future.

In Feb 22 we received a fantastic £331 of donations and gift aid raised by Maisie Armer through a live streaming gaming challenge

In March 22 we received a donation of £350 from St Katherine PCC Ickleford. This had been raised by the congregation during Christmas carol services.

In April 22 we received a donation of £150 from the Rotary Club of Baldock.

In April 22 we also received our first income from the North Herts Community Lottery. This is a new lottery that has been set up and allows people to buy tickets in this weekly lottery and choose a charity to donate 50% of the ticket income to. In this financial year we received £411 in ticket income.

In May 22 we received £120 in donations and gift aid from members of the Area 25 Ladies Circle.

Finally in July 22 we received £53 in donations from The Hitchin Community Choir summer concert.

Over the year we have also been supported by many members making one-off and regular donations which we are very grateful for.

3.4 Remuneration of Trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of the Charity are reimbursed at cost.

4. Reference and Administration Details

4.1 Charity Name & Registration

Name of the Charity: Angels Support Group Hitchin

Any other names by which the charity is known: **Angels Support Group** or **Angels**

Charity No: 1117059

Registered with HM Revenue & Customs Yes / ~~No~~

4.2 Charity's Principal Address

Unit 19, The Pixmore Business Centre, Letchworth, HERTS, SG6 1JG

e-mail: info@angelssupportgroup.org.uk

website: www.angelssupportgroup.org.uk

4.3 Names of the Trustees Who Manage the Charity

<i>Name</i>	<i>Office</i>	<i>Appointed</i>	<i>Resigned</i>	<i>Appointed by</i>
Clare Slater	Chair			Trustees/Members at AGM
Oluwakemi Adejare				Trustees/Members at AGM
Hilary Forrester	Secretary			Trustees/Members at AGM
Justin Richards				Trustees/Members at AGM
Rowena Crabtree				Trustees/Members at AGM
John Skeeles	Treasurer			Trustees/Members at AGM

<i>Name</i>	<i>Office</i>	<i>Appointed</i>	<i>Resigned</i>	<i>Appointed by</i>
Nicola Ager		21/02/2022		Trustees/Members at AGM
Amit Durgaprasad		15/06/2022		Trustees/Members at AGM

4.4 Names of Advisors & Senior Members of Staff

The charity employed the following senior staff members during the year:

Parent Support Manager; Leise Cooper

Specialist Support Practitioner; Penny Howarth

Financial Manager; Raine Simcox

Meeting Supervisor and Specialist Support Practitioner; Kirsten Bennet

Specialist Support Practitioner; Judith Russell

Administrator and Specialist Support Practitioner: Caroline Upcraft

4.5 Bank

HSBC, 1 Market Place, Hitchin, Hertfordshire, SG5 1DR

Unity Trust, Four Brindleyplace, Birmingham, B1 2JB

4.6 Independent Examiner

Philip M Jones FCA, 13 Walled Garden Close, Beckenham, Kent, BR3 3GN

5. Structure, Governance & Management

5.1 Type of Governing Document

Constitution adopted on the 19th January 2005. As amended 29th September 2015

5.2 Statutory Declaration

The Trustees confirm that they have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities the charity should undertake. For all the above activities there have been no identified harmful effects associated with providing the benefits. The charity does employ people to provide various services and so does provide private benefits to people other than the beneficiaries. These private benefits are all incidental as they all contribute directly towards achieving the charity's objectives.

5.3 Trustee Selection Methods

There must be at least three charity trustees.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of one year by a resolution passed at the AGM. New Trustees can be appointed in the interim by agreement of the existing Trustees. In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the charity effectively and in accordance with charity law.

Approved by the Trustees and signed on their behalf.

6th May 2023

Clare Slater (Chair)



Rowena Crabtree (Trustee)



ANGELS SUPPORT GROUP HITCHIN No. 1117059
Receipts and Payments for the year to 31st August 2022

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
Income Receipts				
Grants and Donations				
Grants		£ 94,841	£ 94,841	£ 78,535
Donations	£ 8,970	£ -	£ 8,970	£ 41,496
	£ 8,970	£ 94,841	£ 103,811	£ 120,031
Activities In Furtherance of Objectives				
Events		£ -	£ -	£ -
	£ -	£ -	£ -	£ -
Activities to raise funds				
Fundraising Events	£ 5	£ -	£ 5	£ -
Meeting Donations	£ 74	£ -	£ 74	£ -
North Herts Community Lottery	£ 411	£ -	£ 411	£ -
Raffle	£ 1,132	£ -	£ 1,132	£ 935
	£ 1,622	£ -	£ 1,622	£ 935
Investment Income				
Interest	£ 2	£ -	£ 2	£ 0
	£ 2	£ -	£ 2	£ 0
Other income				
Misc		£ -	£ -	£ -
	£ -	£ -	£ -	£ -
Total Receipts	£ 10,594	£ 94,841	£ 105,435	£ 120,966
Expenditure Payments				
Payment in furtherance of Objectives				
Facilitator	£ 2,466	£ -	£ 2,466	£ 2,531
Food Vouchers		£ 500	£ 500	£ -
Insurance		£ 1,484	£ 1,484	£ 1,534
Office Expenses	£ 175	£ 1,627	£ 1,802	£ 1,526
Payroll costs	£ 4,363	£ 61,394	£ 65,757	£ 66,952
Phone calls		£ 620	£ 620	£ 545
Print/post/copy/stationary		£ 599	£ 599	£ 543
Publicity	£ 42	£ -	£ 42	£ -
Rent	£ 1,439	£ 8,657	£ 10,096	£ 9,216
Room Hire		£ 525	£ 525	£ -
Speaker costs	£ 195	£ 2,300	£ 2,495	£ 760
Training		£ 1,773	£ 1,773	£ 130
Travel		£ 1,118	£ 1,118	£ 54
Website		£ 665	£ 665	£ 506
	£ 8,680	£ 81,262	£ 89,942	£ 84,037
Payments made to generate funds				
Fundraising Events	£ 1,883	£ -	£ 1,883	£ 42
Refreshments	£ 18	£ -	£ 18	£ -
	£ 1,901	£ -	£ 1,901	£ 42
Management and Administration				
		£ -	£ -	£ -
		£ -	£ -	£ -
	£ -	£ -	£ -	£ -
Return of Grants		£ -	£ -	£ -
		£ -	£ -	£ -
Total Payments	£ 10,581	£ 81,262	£ 91,843	£ 84,079
Net receipts for the year	£ 13	£ 13,579	£ 13,592	£ 36,887
Cash and bank balances at 31 August 2021	£ 68,732	£ 19,117	£ 87,849	£ 50,962
Cash and bank balances at 31st August 2022	£ 68,745	£ 32,696	£ 101,441	£ 87,849

ANGELS SUPPORT GROUP HITCHIN

Statement of Assets and Liabilities at 31st August 2022

	Bank Account		Cash in Hand		Total at 31st August 22
MONETARY ASSETS					
General Fund	£ 68,710	£	35	£	68,745
The National Lottery	£ 15,351			£	15,351
HCC/Nessie	£ 443			£	443
Awards for All	£ 563			£	563
Locality Budget - Letchworth	£ 433			£	433
Locality Budget - Royston	£ 871			£	871
Locality Budget - Welwyn GC	£ 48			£	48
Letchworth GC Heritage Foundation	£ 5,185			£	5,185
Herts Community Foundation	£ 4,802			£	4,802
HCF Neurodiverse	£ 5,000			£	5,000
Total Monetary Assets	£ 101,406	£	35	£	101,441

OTHER ASSETS

None

LIABILITIES

None

Approved by the trustees on 23/05/2023 and signed on its behalf by:

Signature: [Signature] Name: JOHN SKELLES

Signature: [Signature] Name: C.L. SLATER

These accounts were prepared by _____

Signature: [Signature] Name: RAINE SIMCOX

ANGELS SUPPORT GROUP HITCHIN No. 1117059

Notes to the Accounts for the year ended 31st August 2022

1 These accounts have been prepared on a receipts and payments basis.

2 Restricted Balances

	Opening Balance	Receipts	Payments	Closing Balance
The National Lottery	£ 17,466	£ 67,753	£ 69,868	£ 15,351
St James Foundation	£ 1,651		£ 1,651	£ -
HCC/Nessie		£ 3,105	£ 2,662	£ 443
Awards for All		£ 3,325	£ 2,762	£ 563
Locality Budget Hitchin		£ 1,250	£ 1,250	£ -
Locality Budget Letchworth		£ 900	£ 467	£ 433
Locality Budget Royston		£ 1,250	£ 379	£ 871
Locality Budget Stevenage		£ 500	£ 500	£ -
Locality Budget Welwyn GC		£ 250	£ 202	£ 48
Letchworth GC Heritage Foundation		£ 6,008	£ 823	£ 5,185
Stevenage BC Food Poverty		£ 500	£ 500	£ -
Herts Community Foundation		£ 5,000	£ 198	£ 4,802
HCF Neurodiverse		£ 5,000	£ -	£ 5,000
	£ 19,117	£ 94,841	£ 81,262	£ 32,696



Section A Independent Examiner's Report

**Report to the trustees/
members of** Angels Support Group Hitchin

**On accounts for the year
ended** 31/08/2022 **Charity no
(if any)** 1117059

Set out on pages 1-2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/08/2022.


**Responsibilities and
basis of report** As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

i report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement** i have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:  **Date:** 21/6/2023

Name: Philip M Jones FCA

**Relevant professional
qualification(s) or body
(if any):** Fellow of the institute of Chartered Accountants in England & Wales

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Section B Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

A large, empty rectangular box with a thin black border, occupying the majority of the page's width and height. It is intended for the user to provide details of items for disclosure as requested in the text above.