

Weekly online Workshop and Support: Every Tuesday 10am-12pm during term time.



Each week there will be an hour long workshop on a specific topic that you can listen to and ask questions. Following this there will be an hour where we open to discussions/chats about **any topic or concern** and can offer help support and guidance.

Weekly topics are detailed on our programme.



Our podcasts series “Neurodiversity Chats” cover a wide range of topics, search “Neurodiversity Chats” on Spotify or Apple Podcasts or listen on our website: <https://angelssupportgroup.org.uk/podcasts/>

Follow us on social media for updates:



www.angelssupportgroup.org.uk

**Zoom every
Tuesday
10am-12noon**

**Letchworth
10am-12noon**

**Stevenage
10am-12noon**

**Zoom
Thursday eve
7.30pm- 8.30pm**

22nd April
Autism and Anxiety

Thu 24th April
Meet Up and Chat

29th April
What is an EP and what
is their role with
Sarah Lewis-Hayes

Thu 1st May
Meet Up and Chat

1st May
Evening Parent/Carer
Support Group

6th May
Understanding and
supporting ADHD

Thu 8th May
Meet Up and Chat

13th May
Understanding PDA

Thu 15th May
Meet Up and Chat

20th May
Managing Meltdowns

22nd May
Evening Parent/Carer
Support Group

HALF TERM 26th May-1st June

For support during this period please contact **The Neurodiversity Support Hub:**

Tel:01727 833963

Lines are open from 9am-1pm weekdays

www.add-vance.org/parents/neurodiversity-support-hub/

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3rd June
Emotionally Based
School Absence

Thu 5th June
Meet Up and Chat

10th June
Q&A with EP Sarah
Lewis-Hayes

Thu 12th June
Meet Up and Chat

17th June
Charley Crowe -
Specialist Advisors
Support Service -
Transitions

19th June
Evening Parent/Carer
Support Group

24th June
Tribunals

Thu 26th June
Meet Up and Chat

1st July
Supporting your child's
sensory needs

3rd July
Meet Up and Chat

8th July
Nice2Meet Ya -
Rejection Sensitive
Dysphoria

10th July
Evening Parent/Carer
Support Group

15th July
Surviving the summer
holidays

Thu 17th July
Meet Up and Chat

SUMMER HOLIDAYS 23rd July - 1st Sept

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