



## AUTISM & ADHD SUPPORT

for parents/carers of children with  
ADHD and/or on the Autistic Spectrum

Angels provides individualised, professional expertise and advice for the families of children with Attention Deficit Hyperactivity Disorder (ADHD) and/or Autism. We work alongside parents to build understanding and to empower them to hear their child's voice. Our key aim is to maximise the individual potential of each child and young person. We were formed by, and are led by parents whose children face similar challenges.

### We provide:

- Parent support group meetings during the day time in Stevenage and virtually over Zoom.
- Four evening support group meetings a term over Zoom.
- Information, Advice and Strategies on ADHD and Autism.
- Speakers and Workshops relating to ADHD and Autism.
- Support group sessions led by a facilitator – chat with other parents and share ideas and experiences.
- One-to-one service to support you in a personalised way with any issue around your child/young person's conditions, including support with meetings and forms.
- Website and Facebook page plus a private moderated Facebook group just for members.



[www.angelssupportgroup.org.uk](http://www.angelssupportgroup.org.uk)

Registered Charity No. 1117059

Do you feel that you would benefit from meeting with other parents/carers of children with ADHD or Autism?

If so, why not join Angels?

### **Who is it for?**

Parents and carers of children with a diagnosis of ADHD and/or Autism, or who are being assessed for the above conditions.

### **How much will it cost?**

Membership of Angels is free, but we are always grateful to receive donations from members when they access our services.

### **How do I join?**

Complete the membership form available on our website. We will then send you a welcome email and our latest programme confirming you are a member.

### **When can I attend?**

Once you are a member you can access any of our events or meetings.

### **For further details please contact:**

The Angels Team

Web: [www.angelssupportgroup.org.uk](http://www.angelssupportgroup.org.uk)

Email: [info@angelssupportgroup.org.uk](mailto:info@angelssupportgroup.org.uk)

Tel: 01462 685150

### **Note for Professionals:**

If you are a professional working with families with members who have ADHD/Autism and would like to learn more about Angels, then please contact The Angels Team to arrange to visit the group.

**For full details of our services please visit our website at:**

**[www.angelssupportgroup.org.uk](http://www.angelssupportgroup.org.uk)**